

HOW TO PLAY "FOLLOW THE LEADER"

Follow-the-leader is a game to increase focus, establish and promote group unity, and work on nonverbal communication skills. It's a great team-building game for five or up players.

Setting Up:

- One person will leave the group.
- One player is chosen to be the "Leader." The rest of the players are the "Followers."

How to Play:

1. Then the person returns to the group. He will stand in the center of the circle and will look around at players.
2. The Leader will begin to perform different actions, e.g. as jumping, clapping, spinning, rubbing forehead, etc.
3. The Followers will mimic the Leader's actions.
4. Then the person will look around trying to figure out who the leader is.
5. The person gets *two chances to guess who the leader is*.
6. *If he doesn't guess who was the leader, later raises his hands.*
- 7.

The game repeats with a new leader.



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